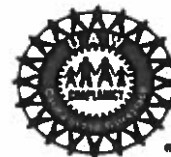




Chaplaincy Chat



Talk to God

In the midst of intense grief, Betty found it very difficult to pray. She was drowning in a sea of turbulent emotions and hardly knew her own name, much less what to request from God.

one afternoon, a friend of Betty's came by, and soon Betty was pouring out all of her hurts, fears, and struggles. She admitted she was angry with God and disappointed that her prayers for her husband's healing weren't answered. She admitted she was having difficulty believing God would do anything for her-in the present or the future. Finally, as the well of her emotions began to run dry, Betty's friend said quietly, "I have only one piece of advice to give you. Let's talk to God."

Betty's friend put her arms around her and prayed a simple, heartfelt prayer, claiming Christ's promise to heal her broken heart and restore her soul. After she finished, she said, "Christ is with you. He is in you. And where He is, because of Who He is, He heals."

No matter what you may be going through today, your best recourse is to invite Jesus Christ to manifest Himself in you and through you. He knows the answer-He is the answer. He gives you Himself, and in Him is all the power, Strength, encouragement, love, and comfort you need.

Lamentations 3:22 *It is of the LORD'S mercies that we are not consumed, because his compassions fail not. ²³They are new every morning: great is thy faithfulness. ²⁴The LORD is my portion, saith my soul; therefore will I hope in him. ²⁵The LORD is good unto them that wait for him, to the soul that seeketh him.*

“WE CARE”