



# Chaplaincy Chat



## *Control or Be Controlled*

A little girl was once in a very bad mood. She took her frustration out on her younger brother, at first just teasing him, but eventually punching him, pulling his hair, and kicking him in the shins. The boy could take it all and even took a few blows, until the kicking began. That hurt! He went crying to his parents, complaining about what his sister had done

The father came to the little girl and said, “Mary, why have you let Satan put it into your heart to pull your brother’s hair and kick his shins?”

The little girl thought it over for a moment and then answered, “Well, Father, maybe Satan did put it into my heart to pull Tommy’s hair, but kicking his shins was my own idea.”

Not all of the evil in the world comes directly from Satan. Much of it comes from the heart of man. What we do with our anger, hatred, and frustration is subject to our will. We can choose how we respond to stress, or to the behavior of others. Our challenge is to govern our emotions; otherwise, they will rule over us in a very bad way.

***Proverbs 16:32: He that is slow to anger is better than the mighty; and he that ruleth his spirit than he that taketh a city.***

“WE CARE”