



Chaplaincy Chat



Amazing Strength

A young man was running a race, and he found himself falling farther a farther behind his competitors. His friends cheered him on from the sidelines, but to no avail. Then suddenly, his lips began to mover, his legs picked up speed, and to the amazement of the entire crowd watching the race, he passed his competitors one by one and won the race!

After he had been awarded a blue ribbon and received the congratulations of his coach and teammates, he turned to his friends. One of them asked, “We could see your lips moving but we couldn’t make out what you were saying. What were you mumbling out there?”

The young man replied, “Oh, I was talking to God. I told Him, ‘Lord, You pick ‘em up and I’ll put ‘em down... You pick ‘em up and I’ll put ‘em down!’

When we live our lives the way we know God’s Word commands us, and we are believing to the best of our ability that the Lord will help us, we are then in a position to know with certainty what the Apostle Paul knew: “I can do all things through Christ which strengtheneth me” (Philippians 4:13)

“WE CARE”